

# Para Hills Community Club Bistro Menu

All members receive 10% discount on all a la carte half & full main meals only

## Starters

Please note: starters do not include the soup, salad and vegetable buffet

Herb & Garlic Turkish Bread	5.90
Smoked Bacon & Cheese Turkish Bread	7.50
Cheese & Mustard Turkish Bread	6.50
Gluten-free Herb & Garlic Bread	5.90
Gluten-free Cheese & Mustard Bread	6.50
Battered Onion Rings with chipotle mayo	8.90
Seasoned Wedges with sour cream and sweet chilli sauce	8.90
Large Basket of Chips	7.90
Small Bowl of Chips	5.90

## Entrée

Please note: entrée can include our full buffet as a main meal for an additional \$5.00

Fresh Coffin Bay Oysters	½ Doz	Doz
Natural oysters served with chef's cocktail sauce and lemon	16.50	25.90
Kilpatrick Oysters (allow minimum 15 minutes cooking time)	17.50	27.90
Crispy Vegetable Spring Rolls with sweet chilli sauce		8.90

## From The Grill

MSA Beef Scotch Fillet	29.50
300g fillet served with bourbon and bacon smashed potato	
Porterhouse steak	27.50
300g porterhouse steak, cooked to your liking and served with chips	
Portuguese Lamb Loin Chops	22.00
Served with cous cous and a salsa verde (olive oil and fresh herb sauce)	
Pork Outlet (Murray Valley)	21.90
Maple marinated pork ribeye with apple and parsnip mash finished with a creamy green peppercorn and Canadian Club sauce	
Marinated Free-range Chicken	25.90
Chicken breast marinated with rosemary, oregano, thyme, garlic and olive oil served with a creamy garlic sauce and chips	
** GF without creamy garlic sauce	
Gluten-free Chicken Parmigiana	25.50
Grilled chicken breast (herb marinated) topped with Napolitana sauce and melted cheese ** GF	
Lamb Yiros Seasoned Sausages	20.90
Gourmet lamb yiros seasoned sausages (thick sausages made in house with lamb forequarter cut) served with pita bread, tabouli & tzatziki	
Kangaroo Fillet	26.00
Local South Australian kangaroo lightly cold smoked and cooked to your liking, served with a smashed potato and chilli plum sauce	
**GF without sauce	

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The products listed below are sourced from around South Australia:

Oysters, Beef Scotch Fillet, Lamb Loin Chops and Forequarter Sausages, Kangaroo Fillet and Chicken and Veal Schnitzels

## Hot Out The Oven

Pumpkin, Feta & Pesto Pizza (V)	19.90
10 inch pizza with roasted pumpkin, pesto, baby spinach, Spanish onion, feta, pine nuts and mozzarella cheese.	
Smoked Chicken Pizza	20.90
10 inch pizza with smoked chicken, caramelized onion, mozzarella and rocket on a bbq sauce base	
Crockpot pie	21.50
Ever changing tasty fillings topped with a pastry lid	
Please check specials board for details	
Vegetable Tortilla Stack (V)	18.90
Roasted vegetable stack with Napolitana sauce and chips	

## Carvery

Tonight's Carvery	Half	Full
	15.90	20.50
Served with roast potatoes and gravy (please check our menu board)		
** GF with gluten-free gravy when requested		

## From The Sea

Fillet of Fish	Half	Full
	15.50	19.90
Golden beer battered, lightly crumbed or grilled, hake fillets served with chips		
** GF grilled when no pre-dust is requested		
Garfish Fillets		21.50
Garfish fillets lightly beer battered, grilled or panko crumbed served with roasted garlic aioli sauce and chips		
** GF grilled when no pre-dust is requested		
Salt & Pepper Squid	18.90	23.90
Hand cut and dusted in house, served with chips, salad greens and a roasted garlic aioli		
Garlic Prawns	19.90	26.50
Pan-fried tiger prawns, finished with a creamy garlic sauce and served and served with basmati rice.		
Seafood Frenzy		26.50
A selection of crumbed fish, battered fish, salt and pepper squid, crumbed prawns, scallop in shell and grilled prawn skewer accompanied with chips		
Crumbed Prawns		24.50
Panko crumbed prawn cutlets served with chips		
Crumbed Calamari		19.90
Panko crumbed (Australian) calamari served with chips		
Stir Fry	Half	Full
Fresh vegetables and a hint of lemongrass, wok-tossed with our Asian sauce and Singapore noodles		
Vegetable	14.50	18.90
Chicken	16.50	21.50
Prawn	17.90	24.00

## Chicken Caesar Salad

Grilled chicken tenderloins and rasher of bacon, served with croutons mixed through a bed of fresh lettuce, semi-dried tomatoes and boiled egg, topped with Caesar dressing	23.50
** GF when requested without Caesar dressing & croutons	

## Pasta

Puttanesca	19.50
Penne pasta tossed through with onion, garlic, anchovies, olives, capers, a touch of chilli and crushed tomatoes	
Penne Napolitana	17.90
Penne pasta with Napolitana sauce and topped with grated cheese	
Montecarlo	19.90
Penne pasta tossed through with chicken, mushroom and onion in a creamy sauce	

## Schnitzels 300g

Chicken Breast Schnitzel	Half	Full
	15.90	20.90
Served with chips		
Topside Veal Schnitzel	14.90	20.50
Served with chips		

## Toppings for Schnitzels

Hawaiian—topped with ham, pineapple and melted cheese	3.00
Parmigiana—topped with Napolitana sauce and melted cheese	3.00

## Toppings for any meal

Battered Onion Rings	3.00
Bacon and Asparagus	4.00
Surf & Turf—grilled prawn skewer with creamy garlic sauce	6.00

## From The Buffet

Help yourself to our delicious soup, salad and vegetable buffet	
Lunch	10.90
Dinner	15.90

## Sauces Available (\$1.00 surcharge)

Mushroom, Diane, Creamy Garlic, Pepper or Plain Gravy

\*\* These items can be made gluten-free upon request at time of order.

We take great care to ensure the gluten-free foods offered on this menu are free of gluten and gluten derivatives, but we are not responsible for individual reactions to any foods and cannot guarantee that the foods we serve are allergen-free. Some foods may contain traces of nuts.

# \$8.90 Kids' Combo Menu

Includes 1 main meal from the lists below,  
salad & vegetable buffet

**Plus** a juice box or butcher of soft drink

**Kids' Menu 12 years and under only**

Veal schnitzel & chips with gravy  
Chicken schnitzel & chips with gravy  
calamari & chips  
Fish fingers & chips  
Dinosaur shaped chicken nuggets & chips  
Ham & pineapple pizza with chips  
1 piece of fish (crumbed or battered) with chips

## **Kids Menu Healthy Options**

**served with chips or smashed potato**

\*Grilled chicken salad (\$2 surcharge)

\*Pasta napolitana

Oven baked dinosaur shaped chicken nuggets  
Oven baked fish fingers  
1 piece of grilled fish  
Steamed dim sims (3)

Additional gravy will be charged at \$1.00

\*excludes chips & smashed potato

**Please check for daily specials**

**on our menu boards**

**Monday Night Specials** — Schnitzel Night

**Tuesday Night Specials** — Kids Eat Free (conditions apply)

**Wednesday Night Specials** — Seafood Night

**Thursday Night Specials** — Pasta Night

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Have your upcoming function here  
at the Para Hills Community Club.  
Ask one of our friendly staff for  
details and a brochure.

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