

# Para Hills Community Club Bistro Menu

All members receive 10% discount on all a la carte half & full main meals only

## Starters

Please note: Starters do not include the soup, salad and vegetable buffet

Herb & Garlic Turkish Bread	5.90
Basil Pesto & Parmesan Turkish Bread	6.50
Cheese & Mustard Turkish Bread	6.50
Gluten-free Herb & Garlic Bread	5.90
Gluten-free Cheese & Mustard Bread	6.50
Battered Onion Rings with chipotle mayo	8.90
Seasoned Wedges with sour cream and sweet chilli sauce	8.90
Large Basket of Chips	7.90
Small Bowl of Chips	5.90

## Entrée

Please note: Entrée can include our full buffet as a main meal for an additional \$5.00

Fresh Coffin Bay Oysters	½ Doz	Doz
Natural oysters served with chef's cocktail sauce and lemon	14.50	22.90
Kilpatrick Oysters (allow minimum 15 minutes cooking time)	15.50	24.90
Crispy Prawn Spring Rolls		8.90

Chunky pieces of prawn wrapped in light pastry with sweet chilli sauce

## From The Grill

MSA Beef Scotch Fillet (1000 Guinea Shorthorn)	28.50
300g fillet served with bourbon and bacon smashed potato topped with battered onion rings ** GF without onion rings	
Porterhouse steak	26.50
300g porterhouse steak, cooked to your liking and served with chips	
Aged Lamb Loin Chops	19.50
Served medium with baby potatoes and minted jus **GF with no sauce	
Pork Belly	20.90
Pork belly cooked in master stock, served with celeriac & potato mash finished with Asian sauce	
Free-range Chicken	25.50
Chicken breast grilled, topped with bacon, asparagus and cheese and served with creamy garlic sauce and chips	
** GF with no creamy garlic sauce	
Gluten-free Chicken Parmigiana	25.50
Grilled chicken breast topped with Napolitana sauce and melted cheese	
** GF	
Chicken Mignon	25.50
Chicken breast wrapped in bacon served with sweet potato mash & mushroom sauce **GF with no sauce	
House made Lamb, Rosemary & Garlic Sausages	20.90
Served with spring onion smashed potato and gravy	
Kangaroo Fillet	25.00
Local South Australian kangaroo lightly cold smoked and cooked to your liking, served with a wattleseed smashed potato and chilli plum sauce **GF with no sauce	

Smoking Goods, How is it done? Hot smoking—smoked on premises & is a cooking procedure involving slow cooking of meat at a low temperature for a long time, using wood smoke to add flavour, we use red gum & beechwood when double smoking (this is how the ham is cooked) Cold smoking is a process where items can have wood smoke flavour infused but without cooking the item until required.

Aged Drying, what is it? Dry aging is a procedure to enhance the flavour & tenderness of meat. Its performed in a cool room with a block of Himalayan pink salt to absorb moisture & kept in this room for 3 weeks.

## Hot Out The Oven

Gourmet Pizza	17.90
10" inch pizza with roasted pumpkin, chargrilled capsicum, semi sundried tomato, mozzarella cheese & Spanish onion	
Chicken & Bacon Pizza	19.90
10" inch pizza with chicken, bacon & semi dried tomatoes and mozzarella on a garlic sauce base	
Crockpot pie	20.50
Ever changing tasty filling topped with a pastry lid	
Please check specials board for details	

## From The Sea

Filletts of Fish	Half	Full
Golden beer battered, lightly crumbed or grilled, hake fillets served with chips	14.90	18.90
** GF grilled with no pre-dust when requested		
Cod Fillets		20.50
Cod fillets lightly beer battered or grilled, served with hollandaise sauce and chips		
** GF grilled with no pre-dust or hollandaise sauce when asked for		
Salt & Pepper Squid	18.50	22.90
Served with chips, salad greens and a lime and dill aioli		
Garlic Prawns	19.50	25.50
Pan-fried tiger prawns, finished with a creamy garlic sauce and served with basmati rice		
Seafood Frenzy		25.50
A selection of crumbed fish, battered fish, salt and pepper squid, crumbed prawns, scallop in shell and grilled prawn skewer accompanied with chips		
Atlantic Salmon		25.50
Pan-fried Atlantic salmon fillet, served with spring onion smash potato, asparagus spears and hollandaise sauce		
Carvery	Half	Full
Tonight's Carvery	15.50	19.50
Served with roast potatoes and gravy (please check our menu board)		
** GF with Gluten-free Gravy when requested		
Stir Fry	Half	Full
Fresh vegetables and a hint of lemongrass wok tossed with our Asian sauce and Singapore noodles		
Vegetarian	13.90	17.90
Chicken	15.90	20.90
Prawn	17.50	23.50
Seafood	17.50	23.50

## Chicken Caesar Salad

Grilled chicken tenderloins and rasher of bacon, served on a bed of fresh lettuce, semi-sundried tomatoes, and boiled egg, topped with Caesar dressing  
\*\* GF when requested without Caesar dressing

## Pasta

Seafood Marinara	20.50
Penne pasta with Squid, Atlantic salmon, octopus, dory, mussels & prawns in a tomato and pepperonata sauce with a hint of chilli	
Penne Napolitana	17.50
Penne pasta with Napolitana sauce and topped with grated cheese	
Ala Panna	18.90
Penne pasta with double smoked ham (on site), onion, mushrooms finished in a white wine, parmesan & cream sauce	

## Schnitzels 300g

Chicken Breast Schnitzel	Half	Full
Served with chips	15.50	19.90
Topside Veal Schnitzel	14.50	19.50
Served with chips		

## Toppings for Schnitzels (surcharge)

Surf & Turf— Grilled prawn skewer with creamy garlic sauce	\$6.00
Hawaiian—Topped with ham, pineapple and melted cheese	\$3.00
Parmigiana—Topped with Napolitana sauce and melted cheese	\$3.00

## From The Buffet

Help yourself to our delicious soup, salad and vegetable buffet	
Lunch	10.90
Dinner	14.90

## Sauces Available (\$1.00 surcharge)

Mushroom, Dianne, Creamy Garlic, Pepper or Plain Gravy

\*\* These items can be made gluten-free upon request at time of order

We take great care to ensure the gluten-free foods offered on this menu are free of gluten and gluten derivatives, but we are not responsible for individual reactions to any foods and cannot guarantee that the foods we serve are allergen-free, some foods may contain traces of nuts

# \$8.90 Kid's Combo Menu

Includes 1 Main Meal from the lists below,  
Salad & Vegetable Buffet

**Plus** a Fruit Pop Top or Butcher of Soft drink

**Kids' Menu 12 Years and Under Only**

Veal Schnitzel & Chips  
Chicken Schnitzel & Chips  
Calamari & Chips  
Fish Fingers & Chips  
Dinosaur Shaped Chicken Nuggets & Chips  
Ham & Pineapple Pizza with Chips  
1 Piece of Fish (grilled, crumbed or battered) with Chips

### **Kids Menu Healthy Options**

*served with chips or sweet potato mash*

\*Grilled Chicken Salad (\$2 surcharge)

\*Pasta Napolitana

Oven Baked Dinosaur Shaped Chicken Nuggets

Oven Baked Fish Fingers

1 Piece of Grilled Fish

Steamed Dim Sims (3)

\*excludes chips & sweet potato mash

**Please check for daily specials**

**on our menu boards**

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### **Monday Night Specials**

Schnitzel Night

### **Wednesday Night Specials**

Seafood Night

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Have your upcoming function here

at the Para Hills Community Club.

Ask one of our friendly staff for

details and a brochure.

MAY 2017